

FAQ'S

Q: What is the Blue Moon Trail Run?

A: The BMTR is an event for people of all ages and abilities with a focus on community, challenge, environment and celebration. Featured is a 5K, 8K and 10K race that, save a 50' stretch of pavement, is run exclusively on trail in Colorado Springs' beautiful Piñon Valley and Ute Valley parks. With undulating hills and scenic, panoramic vistas, each participant will play the part of harrier that perhaps has not been experienced since the days of high school or collegiate cross country, if at all. Additionally, two races of 800m and 1.3 miles distance will be offered to all kids under age 12, managed by Kokopelli Kids. Following all races, participants will be treated to a post-race meal which, for the age 21+ crowd, will include a complimentary beer from Bristol Brewing Company.

Q: When is this year's race?

A: The BMTR became a 3-part summer series in 2015 and will take place on the last Fridays of the summer months (June 26, July 31, August 28). Kids races will begin at 5:30 p.m. and followed by the adult races at 6 p.m. Competitors have the option of choosing a short series (5K each time) or progressive series (5K, 8K, 10K). All races start and finish at the same location – Piñon Valley Park.

Q: What is the race course?

A: All races are staged within Piñon Valley Park, 5585 Mule Deer Road 80919. The 800m kids race course is contained within the park, with the adult races and long kids race traveling into adjacent Ute Valley Park. The 5K follows a single counterclockwise loop, with a small additional loop added for the 8K and a double, varied counter clockwise loops for the 10K. Supporting you along the course will be marshals familiar with the park. Additionally, prominent signage, flour arrows and orange ribbon will be placed strategically throughout the course to allow you to focus on the running and the scenery versus the trail turns. Water stations will be provided as well along the course, at approximately Miles 2, 3 and 6.

Q: How did the race get its name?

A: The inaugural BMTR took place the Friday evening of Labor Day weekend, which happened to be under the ambient light of the second full moon of August 2012, known commonly as a blue moon. Beyond this rare astronomical phenomenon, our goal is to provide all participants with a race experience that is as rare in its greatness as its namesake is to the calendar.

Q: How can I register?

A: Online registration takes place at www.coloradosprings.gov/bluemoon and continues through the Wednesday prior to each race day. Race day registration will take place beginning at 4:30 p.m. at the Piñon Valley Park pavilion for \$45 (cash or check, payable to "City of Colorado Springs").

Q: How can I run when I have young children in tow?

A: We want everyone to participate in a responsible fashion and are concerned about the well-being of your children. To that end, quality childcare is being provided by Kokopelli Kids at Piñon Valley Park. Please visit their registration table for details.

Q: How does packet pickup work?

A: Because there isn't a T-shirt or a packet to pick up, per sé, all that is needed is a bib (with chip already attached) and, if over age 21 and interested in consuming beer, a photo ID that, when presented, will provide each participant with a wristband to be displayed at the finish line and in the Runners Roost Beer Garden. All pickup will take place on race day at the Piñon Valley Park pavilion, beginning at 4:30 p.m. There will be no pickup points in the days leading up to the race.

Q: How is the timing being managed?

A: All competitors in the races will receive a race bib with an attached chip. Timing will be managed with a state-of-the-art system owned and operated by Pikes Peak Road Runners. This same system has been used in such notable venues as the Pikes Peak Ascent and Marathon and ADTM Marathon. In addition, a race clock will be prominently displayed at the finish line in Piñon Valley Park. Kids' races will be untimed.

Q: It can be very hot in the summer months – should I be concerned? And what if the weather turns?

A: Though taking place during the warmest days of the year, evening race temperatures average a comfortable 75 degrees at race time, dipping down to the 60's in the hours that follow. Rain won't deter the race from taking place unless it creates unsafe, muddy conditions that could contribute to injury and/or damage to park trails. Lightning and hail will necessitate a delay and cancelation if it does not dissipate. Poor, unsafe conditions in Ute Valley Park may lead to a rerouted course in dryer areas.

Q: Won't it be getting dark?

A: Yes it will. With dusk occurring at around 8 p.m. and full darkness settling in by 8:30 p.m., there is certainly incentive to move along the course in deliberate fashion. For all those concerned about finding yourself in the park sans light, it is recommended that you carry along a headlamp or flashlight and orient yourself with the race course beforehand.

Q: Where can I park?

A: Situated within a residential neighborhood, Piñon Valley, there is ample street side parking within the general vicinity of the park but no parking lot(s) specifically designated. While carpooling is advised, we anticipate that there will be sufficient space to accommodate all vehicles.

Q: Is this race a benefit or a for-profit event?

A: In contrast to many of the fad running events e.g. color, mud that are managed by businesses outside of the city and state, the BMTR is a local event proudly presented by the City of Colorado Springs Parks, Recreation and Cultural Services Department. All net proceeds will stay within the city, with race registration proceeds to support city-managed community center programs and services. Net proceeds from the Runners Roost Beer Garden will benefit

Friends of Ute Valley Park and Friends of Cheyenne Cañon. Please visit the following sites for information on all three organizations:

www.coloradosprings.gov/bluemoon City of Colorado Springs community centers

<http://cheyennecanon.org/> Friends of Cheyenne Cañon

<http://friendsofutevalleypark.com/> Friends of Ute Valley Park

Q: What kind of SWAG will I receive?

A: Beyond a first-rate race experience, all competitors will receive, upon finishing their respective races, a pint glass with race logo and après-race meal. A choice of beverages, including a complimentary microbrew will be provided to adults age 21+ with proper identification at time of check-in. Additional beer will be available for a \$5 donation, to benefit Friends of Ute Valley Park and Friends of Cheyenne Cañon.

Q: What prizes and awards will the race have?

A: Overall winners in each race will receive an award. Age division winners are three deep in 10-year increments for those who compete in all three races, with winners receiving a prize from race sponsors. Age divisions are: 19 and under, 20-29, 30-39, 40-49, 50-59, 60+. Series awards will be presented following the final race on August 28. Unclaimed awards can be picked up at Runners Roost through September 12.

Q: Where can I find race results?

A: Results will be posted soon after the race concludes and posted on the Pikes Peak Road Runners (www.pprun.org).

Q: Tell me more about the Runners Roost Beer Garden.

A: Upon check in, runners who present valid picture ID e.g. driver license, passport will receive a wristband which will gain them entrance into the beer garden, which will be contained within fencing on the basketball court. At the finish line, those wearing the band will receive a pint glass and ticket, valid for one complimentary Bristol Brewing Company beer within the garden. Additional tickets can be obtained for a \$5 donation at the pavilion.

Q: When nature calls, do you have an answer?

A: For your comfort, portable toilets will be located on the north side of the park, to the east of the permanent restroom.

Q: Are measures being taken to limit waste and impact on the environment?

A: Absolutely. In addition to seeking to present pristine city parks, we wish to generate as little waste as possible. Efforts taken in this regard include providing a reusable, commemorative glass for beverages, utilization of single-stream recycling canisters, inclusion of repurposed signage and a focus on electronic versus paper marketing. We appreciate in advance your assistance in supporting this effort. Please consider carpooling or, if a nearby resident, walking to the event.

Q: Who are the primary sponsors of this year's race?

A: In addition to the City of Colorado Springs Parks, Recreation and Cultural Services Department, who is coordinating the event, sponsors include:

- American Trail Running Association (ATRA) – race management support
- Bristol Brewing Company – product donation
- Coca-Cola – product donation
- Friends of Cheyenne Cañon – beer garden coordinators
- Friends of Ute Valley Park – volunteer support
- Josh & John’s Naturally Homemade Ice Cream – gift cards, 10% proceeds night
- **Kaiser Permanente – financial sponsorship – Primary Sponsor**
- Kokopelli Kids – kids’ race coordination
- Lydiatt and Duru Family Dentistry – financial sponsorship
- Massage Envy – gift card donation, chair massages
- Pikes Peak Community Foundation – underwriting cost of timing, race support from Pikes Peak Road Runners
- Pikes Peak Sports – marketing and race day coverage support
- Runners Roost – gift card donation, beer garden support, awards pickup location

Q: What if I have questions not addressed here and want to speak to a live person for answers?

A: Please call the Race Director, Brian Kates, at 385-7942 or email him at bkates@springsgov.com.